

# The Bay

BAR | DINING | SMOKEHOUSE

## BREAKFAST MENU

### SERVED DAILY 7AM UNTIL 2PM

#### BREAKFAST

AED

##### Wow Açai (G,N,VE)

60

Açaí served with home-made granola, banana, strawberries, kiwi, mango and mint leaves

##### The Bay Spiced Crêpe (VE)

55

Gluten free crêpe, loaded with tofu, chickpeas, potatoes, avocado, fresh mixed herbs, topped with home-made spicy sauce

##### Mexican Scrambled Tofu Toast (VE)

45

Tumeric scrambled tofu on smashed avocado and gluten free bread, served with pickled onions, Mexican salsa and topped with black salt

##### Eggs Your Way (D,G,S,V)

35

Eggs your way, on toasted sourdough, rye or multi-grain bread, with a side of green salad

##### Bay Benedict (D,G,P)

60

Choice of smoked salmon, beef/pork bacon, with a poached eggs your way, grilled cherry tomatoes, sliced avocado, hollandaise sauce, topped with smoked paprika, served on an English muffin

##### Hipster Toast (D,G,S,V)

45

Poached eggs your way, smashed avocado, beetroot labneh, pomegranate seeds, balsamic reduction, on toasted sourdough, rye or multi-grain bread

##### Crispy Corn Fritters (D,G,V)

45

Home-made crispy corn fritters, eggs your way, sliced avocado, tomato salsa, topped with parmesan cheese, served with a side salad

##### Truffle Mushroom Omelette (D,G,S,V)

45

Two egg omelette with cream, mushrooms, truffle oil and parmesan cheese, served with a mixed leaf salad and toasted sourdough, rye or multi-grain bread

##### The Eggcellent Croissant (D,G,V)

50

Crispy croissant loaded with scrambled eggs, rocket leaves, slow-roasted cherry tomatoes and parmesan cheese

##### Bay Pancakes (D,G,N,V)

50

Home-made fluffy pancakes, with mixed berries, maple syrup, Nutella and vanilla ice cream

##### Brekkie Bap (G,P)

50

Toasted burger bun with a fried egg your way, grilled beef/pork sausage, grilled beef or pork bacon, aioli and a side of sweet potato fries

##### The Bay Full English (D,G,P,S)

70

Available all day long!

Eggs your way, beef/pork sausages, grilled beef/pork bacon, hash browns, baked beans, sautéed mushrooms, slow roasted cherry tomatoes with toasted sourdough, rye or multi-grain bread

##### Kids' Breakfast (D,G,P)

30

Choose from our mini options: pancakes, scrambled egg sliders or beef/pork bacon, sausage and a fried egg

##### Add a Side

15

Eggs your way | Beef/pork bacon | Beef/pork sausage | Mushrooms | Hash browns | Baked beans | Sliced avocado | Toasted sourdough, rye bread or multi-grain bread

All prices are inclusive of VAT, destination fees and service charges

(A) Alcohol (D) Dairy (G) Gluten (N) Nuts (P) Pork (S) Seeds (SF) Shellfish (TF) Troon Fit (V) Vegetarian (VE) Vegan

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### SERVED DAILY 7AM UNTIL 2PM

### SMOOTHIES

AED

#### Açaí Kick

Açaí, banana, mango and blueberry 32

#### Green Machine

Spinach, celery, broccoli, mango, banana and pineapple 32

#### Raspberry Love

Raspberry, blueberry and banana 32

#### Tropicolada

Coconut, pineapple and banana 32

#### Mango Paradise

Mango, passion fruit and pineapple 32

#### Beet The Heat

Beetroot, ginger, pineapple and blueberry 32

#### Avolicious

Avocado, pear, lime, mint and mango 32

#### Caribbean Kiss

Melon, strawberry and mango 32

#### Strawberry Split

Strawberry, banana, papaya and cherry 32

### MILKSHAKES

AED

Strawberry | Chocolate | Vanilla (D) 32

### SOFT DRINKS

AED

#### Soft Drink

Filtered Water 10

Local Water Small 12

Local Water Large 18

Sparkling Water Small 22

Sparkling Water Large 28

Selection of Juices 30

Fentiman's Indian and Light Tonic 28

Fentiman's Rose Lemonade 28

Coke | Diet Coke | Sprite | Fanta 20

Schweppes Tonic, Soda and Ginger Ale 20

#### Energy Drinks

Red Bull 35

Red Bull Sugar Free 35

### HOT DRINKS

AED

Choose your milk: full fat, skimmed, oat, almond, coconut and soy.

Single Espresso 17

Double Espresso 22

Espresso Macchiato 22

Americano 22

Cappuccino 24

Latte 24

Matcha Latte 26

Hot Chocolate 26

Mocha 28

Selection of Teas 20

### ICED COFFEES

AED

Bay Affogato 26

Iced Latte 28

Iced Matcha Latte 28

Frappé 30

Iced Mocha 30

Strawberry Iced Latte 36

Caramel Sea Salt Iced Latte 36

Vanilla Citrus Iced Americano 36